



7th Annual Community Links

Golf Tournament

Wednesday

June 11th, 2008

Golfers, Volunteers,
Corporate Sponsors &
Prize Donors needed!

Please contact Lisa at ACS!!

Volunteer Appreciation

Wednesday

April 23rd, 2008

10:30 am

At

The Ancaster Old Mill
Please RSVP by April 16

INSIDE THIS ISSUE:

ACS Services	2
Community Links Golf Tournament	3
ACS Programs	3
Annual General Meeting	4
Summer Student Job	4
Babysitting Course	4
Youth Employment Services	4
Ancaster Food Drive	4
Staff and Board	4
Office Information	4

ACS NEWS



ANCASTER COMMUNITY SERVICES

www.ancastercommunityservices.ca

905-648-6675

Census shows Substantial Change in Ancaster Population

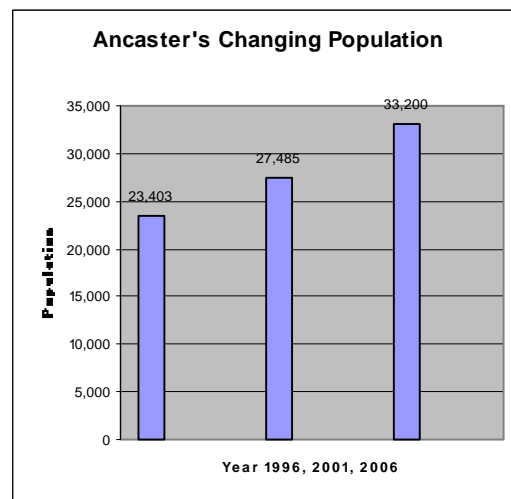
By Don Jaffray, Vice Chair, ACS

Ancaster is rapidly changing, as anyone familiar with this community will already know. The recent release of census information from Statistics Canada not only confirms this but also offers a little more insight into just how Ancaster is changing.

The former municipality of Ancaster had a population of 23,403 people in 1996. By the year 2001, the population of Ancaster had grown to 27,485 people, an increase of 17.4%. The most recent census, taken in 2006, indicates the population is now over 33,200 people, an increase of almost 21% over the 2001 population count. This most recently reported growth rate for Ancaster was greater than the growth rate for the new City of Hamilton. Over the 2001 to 2006 period, Hamilton grew at rate of 2.9% to a total population of 504,560. The growth rate for Ancaster is also greater than the growth rate for Ontario, which during this period is reported by Statistics Canada to be 6.6% over the five-year period from 1996 to 2001.

Ancaster is changing in ways other than just the sheer size of population. In 2006, approximately 20% of the population of Ancaster is comprised of children 0 – 14 years of age. In 2001 there were 5,800 children living in Ancaster. In 2006 the number of children in this age range had grown to more than 6,500. This growth rate will obviously increase the need for additional student spaces in schools, but likely also indicates the growing need for other community services like recreation space.

At the other end of the age spectrum are changes worth noting in the seniors' population. In 2001 there were 3,425 persons age 65 and over living in Ancaster. By the time the 2006 census was taken that population of seniors had grown to more than 4,600 people. This represents an increase in the senior's population to 14% of the population.



In 2001, there were 90 men and 200 women who were over the age of 85 living in Ancaster. This number has increased dramatically; in fact it has more than doubled! There are now over 700 community members over age 85 in Ancaster.

For Ancaster Community Services, this rate of change in the size of both our younger and older populations raises important issues to consider in planning our services, particularly those targeted to meet the needs of seniors who may be losing some capacity to live independent lives without some additional support.

Much more demographic data is available now and there is more to come in the weeks and months ahead. Statistics Canada will issue it's final release of 2006 census data in May of this year. Ancaster Community Services will continue to examine that data and use it as a resource for guiding the development of our programs to best meet the needs of our rapidly changing community.

ACS Provides Services to Ancaster Seniors

Founded almost 40 years ago, ACS has grown and expanded to meet the changing needs of Ancaster as a whole and the changing requirements of our aging population. ACS is fortunate to bring Ancaster senior residents a number of community based programs which not only enhance the ability to maintain independence within their homes but also added assurance.

The programs ACS continues to support and grow with are:

- **Meals on Wheels** – providing a hot meal 5 days per week for a nominal fee, delivered to your door by helpful volunteers. This program provided almost 4000 meals last year to seniors and home-bound residents of Ancaster. This volunteer based program not only provides a nutritious meal but encourages some social interaction and a home check. M.O.W. brings comfort and assurance to not only the individual receiving the meal but also to family members and other caregivers. Service can be provided usually within 24 hours of initial request.
- **Assisted Volunteer Driving Program** – in 2007 ACS provided about 800 drives to appointments and home again with the comfort of a volunteer companion. Our compassionate volunteers are constantly present for client appointments providing friendship, social interaction, comfort and support to those seniors feeling hesitant and frail when going to a medical appointment in various parts of the City of Hamilton. Our caring volunteers are provided a nominal fee for this very needed service—and in more cases than not, the volunteers reimburse their fees back to the agency.
- **Let's Do Lunch** – a congregate dining approach in the village core of Ancaster and in rural Jerseyville, once a month. A light lunch is served amidst peers providing an atmosphere of fun and friendship. High School students attend these lunches volunteering their time. The seniors benefit from the youthfulness, while the students benefit from the many years of experience, wisdom and lives of a generation they may normally only just read or learn about in history class. Presentations and/or entertainment on occasion, are provided offering an added bonus to those in attendance.
- **Community Companions** – a new program to ACS which provides a friendly visiting program to seniors in the community. The service includes companionable support with reading, cooking or just a friendly chat. Although this program is new to Ancaster, there is a lot of interest in it. The volunteers enjoy helping residents within their own community and the seniors receiving the service enjoy the ability to share common interests.
- **Counselling** – senior and family support for issues related to housing, in home help, nutrition, environmental safety and referrals. The ever changing climate for seniors living in their home can often cause concern for both seniors and caregivers. The service provided by ACS offers some clarity and direction to those who may have felt lost during the process of being discharged from a hospital or felt helpless in what seems a chaotic life and environment.
- **Volunteering possibilities** – Volunteers are ALWAYS necessary, appreciated and required. Volunteering provides support to your community but also offers you great personal reward. ACS has a variety of volunteering opportunities with flexibility for today's busy people. Call to benefit from the gift of giving.



Yes! I would like to support ACS.

Please use the **donor card** supplied with this newsletter or send us a cheque in any amount. Your **support** for our **community** is needed.

Thank you!

Check out our updated website: www.ancastercommunityservices.ca
Here you will find news and information about our many programs and services

Page 2



Swing your clubs for Charity!!
7th Annual Community Links Golf Tournament
Registration now open

ACS has started accepting golf registrations and corporate sponsorships for this year's *Community Links* golf tournament.

Slated for Wednesday, June 11th, 2008, at the Knollwood Golf Club on Book Rd West, as part of the Ancaster Heritage Days, *Community Links* raises funds to operate Meals on Wheels as well as family and youth counselling services offered by ACS.

"*Community Links* has become an important lifeline for our community programs, raising more than \$60,000 over the past six years," said Bob Hill, ACS Chair. "These funds are deployed right back into our community to help families, seniors and young people in need. This year, as our demand for our programs increases, we are asking all of our neighbours to participate by golfing, giving a prize or by taking a sponsorship. The end result will be an even better community."

Event Details:

- To register as a golfer (there are 144 spots available), the cost is \$150 which includes BBQ lunch, greens fees, power cart, contests, silent auction and dinner
- Corporate sponsorships start at \$150 and currently, the title sponsorship is available
- Prizes and silent auction donations are also welcome
- Registration forms and sponsorship information are available at the ACS office at 905-648-6675 or via e-mail at lwert@hpl.ca. Registration deadline Fri, May 30th!

According to Karen Hadden, ACS Executive Director: "*Community Links* is much more than a fundraiser—it's an event that keeps the spirit of caring and camaraderie alive in our growing town".

We hope to see you there!

Join us on
Wednesday
June 11th
 and
 support
 your
Community

BBQ Lunch,
Power Cart,
18 holes of
Golf,
Full Dinner,
Contests,
Prizes,
& Silent
Auction

***Your continued support helps
 these ACS Programs***

<ul style="list-style-type: none"> • Meals on Wheels • Information & Referral • Counseling • Youth Employment Services (Y.E.S.) • Let's Do Lunch 	<ul style="list-style-type: none"> • Assisted Volunteer Driving • Community Outreach • Christmas Outreach • Travel & Tourism Information • Community Companions
---	--

Staff

Karen Hadden
Executive Director and
Co-ordinator of
Community Services
khadden@hpl.ca

Melanie Barlow
Volunteer Co-ordinator
mbarlow@hpl.ca

Lisa Wert
Administrative Assistant
lwert@hpl.ca

Carol Zinszer
Office Manager
czinszer@hpl.ca

ACS 2007/2008 Board of Directors

Bob Hill, Chair
Don Jaffray, Vice Chair
Andrew Zucker,
Treasurer
Ernie Stapleton,
Secretary
Gary Bishop
Shirley Glauser
Myrtle Greve
Peter Neziol
Warren Shannon
Dan Wentworth

Office Information

Office Hours
Monday-Friday 9 am to 4 pm
Telephone
905 648 6675
Fax Number
905 648 8949
Email
inf@ancinfo.on.ca

Ancaster Community Services ANNUAL GENERAL MEETING

...is being held at 9:30 am on Wednesday April 23rd, 2008 at the
Ancaster Old Mill Restaurant.

The information provided at this event reports on all the good work
being provided by ACS and its volunteers.

We invite anyone interested to attend this short but informative session
prior to the Volunteer Appreciation and Social.

Summer Student Job Posting

ACS has a paid position available to an interested college or university student to provide
support to ACS during the summer months.

Contact Karen Hadden at 905 648 6675 asap if you are interested in applying for this position.

Babysitting Course

For more than 20
years, ACS has been
training and certifying
Ancaster girls and boys
for their first careers ...
in babysitting.



We are offering two courses this summer.
Courses will be held at the Optimist Youth
Centre on Manitou Way and students must
be 11 years old at time of the course.
Enrolment fee is \$50.00. Spaces are limited

Courses will be held on:
Monday July 7 - Friday July 11
Monday August 11 - Friday August 15
9:30 am—12 noon

Youth Employment Services

High school students are
encouraged to come into
the office and register
with our Y.E.S. program.



We assist students to find
summer jobs by linking them with seniors
and others who require help around the
house and yard.

Need a mother's helper, help with yard
work, grass cutting, cleaning out the
garage, painting etc?

Hire a Student ! Call 905 648 6675

Please Contact ACS for more information
or to register for these programs.

Ancaster Food Drive

The annual Ancaster Food Drive was a huge success !!

The community raised over 78,000 lbs of
non-perishable food items, exceeding last years total
and the organizers donated \$4,000 to ACS.



Tom Ippolito and Joan Slade
present a welcome donation
to Karen Hadden of ACS

Ancaster Community Services

300 Wilson Street E. Ancaster, ON L9G 2B9